



GLUCOSE TOLERANCE TEST

Aster
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Digital Version



The glucose tolerance test measures your body's response to sugar (glucose). The glucose tolerance test can be used to screen for type 2 diabetes and more commonly, a modified version of the glucose tolerance test is used to diagnose gestational diabetes - a type of diabetes that develops during pregnancy.

WHY GLUCOSE TOLERANCE TEST IS DONE?

The glucose tolerance test done to identifies abnormalities in the way your body handles glucose after a meal - often before your fasting blood glucose level becomes abnormal.

PATIENTS INSTRUCTIONS FOR GTT TEST

- You should fast overnight (8-10 hours). Food or beverages (except water) should not be consumed until sample collection is completed.
- Give blood and urine sample.
- Drink 75g glucose solution drink within 5 minutes. Note the time.
- Give blood and urine sample after one hour and two hours from the time you have finished drinking the glucose beverage.
- You should not consume food/ beverages until the collection finished.

If the patient vomits during the collection process the test should be canceled and if a necessary physician is be informed. The test may be discontinued, and you will be requested to come another day to repeat the test.



PLEASE SCAN FOR
THE LOCATION

Aster HOSPITAL

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Mankhool, Kuwait Road, Al Mankhool - Dubai

📞 04 440 0500 🌐 asterhospitals.com 📱 📧 📺 asterhospital

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